

Watch your water use

http://www.cce.org/resources/learning_centre/classroom_activities/your_water_use.asp

Rivers provide fresh water, a limited and precious natural resource. Fresh-water conservation is one of the most important challenges we will face in this century. Keep track of the amount of fresh water you use with the water tally below. You can find a complete water tally online at the '[Take Action! Activities Menu](#)' at [National Geographic: Geography Action!](#)

ACTIVITY	# OF TIMES / DAY	# OF LITRES/ DAY	NUMBER OF DAYS	TOTAL
Washing your hands x	0.95 litre =	litre x.....	=
Brushing your teeth x	3.8 litres =	litre x.....	=
Flushing the toilet (low flow) x	6 litres =	litre x.....	=
Flushing the toilet (older model) x	19 litres =	litre x.....	=
Showering x	114 litres =	litre x.....	=
Washing the dishes (by hand, with water running) x	38 litres =	litre x.....	=
Watering the lawn (30 minutes) x	908 litres =	litre x.....	=
(Add 1.9 litres of water taken in through food and drink each day.)		1.9 litres		
GRAND TOTAL =				